What is claimed is:

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- 1. A sputtering target consisting essentially of Si, wherein a ratio $(I_{(111)}/I_{(220)})$ of peak intensity $(I_{(111)})$ of (111) face to peak intensity $(I_{(220)})$ of (220) face of Si is in a range of 1.8 \pm 0.3 when a sputtering surface of the target is measured for crystal face orientation by X-ray diffractometry.
- 2. The sputtering target according to claim 1,
 10 comprising an Si sintered material having a relative density
 in a range of 70 % or more and 95 % or less.
 - 3. The sputtering target according to claim 1, having hardness in a range of Hv 300 or more and Hv 800 or less in terms of Vickers hardness.
- 4. A sputtering target consisting essentially of Si, wherein the target comprises an Si sintered material having a relative density in a range of 70 % or more and 95 % or less.
 - 5. A sputtering target consisting essentially of Si, wherein the target has hardness in a range of Hv 300 or more and Hv 800 or less in terms of Vickers hardness.
 - 6. The sputtering target according to claim 5, wherein the target as a whole has dispersion of the Vickers hardness within 30 %.
- 7. The sputtering target according to claim 5, comprising an Si sintered material having a relative density in a range of 70 % or more and 95 % or less.
 - 8. A sputtering target consisting essentially of Si, wherein an oxygen content of the target is in a range of 0.01

mass% or more and 1 mass% or less.

- 9. The sputtering target according to claim 8, comprising an Si sintered material having a relative density in a range of 70 % or more and 95 % or less.
- 10. The sputtering target according to any one of claims 1 through 9, which is a target for forming an oxide film.
- 11. The sputtering target according to any one of claims 1 through 10, which is used as a target for forming an optical thin film.
 - 12. A process for producing an Si oxide film, comprising forming an Si oxide film by sputtering the sputtering target according to any one of claims 1 through 9 in an oxygen-containing atmosphere.
- 13. The process for producing an Si oxide film according to claim 12, wherein the Si oxide film is an optical thin film.